



Elder Services Navigator

- Our Elder Services Navigator provides access to resources for elders in Washington County.
- We help seniors, caregivers, and providers connect with services and resources at various agencies that help with: food, fuel, and utilities, transportation, home repairs, money matters, healthcare and insurance, and assistance filling out forms.
- Please call 207-610-9432 to set up your free appointment or to learn more about this program.

Downeast Community Partners, or **DCP**, is a community action program serving Washington and Hancock counties.

DCP's mission:

To improve the quality of life and reduce the impact of poverty in Downeast communities.

Visit us on the web:

www.downeastcommunitypartners.org

Find us on facebook



How to contact **DCP**:

Main Office

248 Bucksport Road
Ellsworth, ME 04605

Avery Lane Office

18 Avery Lane
PO Box 648
Ellsworth, ME 04605

Machias Office

7 VIP Drive
Machias Me 04654
207-259-5015

Blue Hill

118 Ellsworth Road
Blue Hill, ME 04614

By email at:

Administration
@downeastcommunitypartners.org

By telephone at:

207-664-2424
TDD 207-546-7607
FAX 207-664-2430

For a complete listing of **DCP** program sites, please visit us on the web at www.downeastcommunitypartners.org

Elder Services

Downeast

Community

Partners

**Washington and Hancock
counties**





- At Home is a non-profit, member-based, volunteer supported medical program designed to provide elder residents with essential and direct services, empowering them to continue to live safely in their cherished homes and communities as they age.
- We are dedicated to: nurse visits for non-emergency wellness visits and pill pours; coordination of care; hospital discharge support; transportation to medical appointments within a 60 mile radius; transportation to the grocery store or grocery delivery; home safety assessment; information on local resources; support after hospitalization; fostering independence and quality of life; providing peace of mind.
- We are a local program that currently serves members on the Blue Hill Peninsula and on Mount Desert Island.
- At Home is committed to providing services that are affordable to all income levels and that will respect individual differences. Membership fees are based on yearly income.
- We are dedicated to supporting our community elders to remain in their homes as long as possible.
- One call does it all! Please call **374-5852** for more information on how to access this program.




Aging in Place Home Repair

- Aging in Place home repair provides repairs that are high impact safety items in an elder's home (i.e. grab bars, safety checks, smoke alarms, and ramp repairs).
- Eligibility: Senior citizens (over 55) and disabled individuals in Washington County only.
- Please call **664-2424** for more information on how to access this program.




Free Bus Rides For Seniors

- Free for Seniors and on a first come first served basis.
- **Lubec and Eastport to Bangor*:**
 - 1st Thursday of the month.
 - Pick up locations: Eastport Meals for Me at 8:00 am.
 - Call **546-7547** or **1-877-374-8396** for home pickup.
- **Bucksport to Bangor*:**
 - 3rd Tuesday of the month.
 - Call **546-7547** or **1-877-374-8396** for in town Bucksport home pick up.

*Ride times vary. Please call for availability.



- Friendship Cottage provides adult day service to dependent adults who may be coping with physical, mental, or memory challenges.
- Our mission is to provide care and socialization for dependent adults in a safe, supportive, and homelike environment.
- This programs offers: a certified medication aide to make sure medications are taken on time and at the proper dosage; a handicapped-accessible shower; an onsite laundry room; a nutritious breakfast, lunch, and snacks; group activities that encourage community involvement; transportation to and from the facility if needed.
- We are approved for Veterans Administration benefits, and accept MaineCare payments and other state funds to provide service.
- Friendship Cottage has an onsite Caregiver Resource Center which provides information, advocacy, and caregiver support.
- Financial Assistance may be available for eligible participants.
- Please call **374-5612** for more information on how to access this program.